



## **GNLD's Aloe Vera**

*(GNLD have an Aloe Vera Drink also containing Chamomile and Ginseng.)  
(GNLD also have a pure Aloe Vera Gel and the Skin Care contains Aloe Vera.)*

**GNLD's Aloe Vera Tastes soooo Delicious!**

**The gel from the Aloe Vera plant contains 18 of the 22 amino acids but only in minute quantities. Also rich in vitamin A, B1, B2, B3, B6, B12, C, E, sodium, potassium, chlorine, calcium, phosphorus, and has traces of magnesium and zinc.**

- Known as the healing plant - Clears up infections - kidney, bladder, urethral area, and acne, healthy for tonsil conditions. Internal - stomach ulcers, peptic ulcers, indigestion, gassing, burping, flatulence etc.
- Aloe Vera has an anaesthetic effect. It numbs while it heals.
- It can kill bacteria, fungi and viruses. Athlete's foot is cleared up very quickly.
- Aloe Vera increases the blood supply to the area that it touches.
- Aloe Vera juice is known to boost energy and vitality.
- It helps to relieve indigestion, constipation, diarrhoea, nausea, vomiting. Often used by folk undergoing chemotherapy treatment.
- It has been used in the treatment of stomach ulcers with great success.
- The intake of Aloe Vera juice together with the application of the Aloe Vera Gel has known to bring relief to arthritis, joint pains, and aching muscles and pain anywhere.
- Aloe Vera cleanses and draws toxins out of the body. Aloe Vera has been used for Alcoholics to help cleanse the body of toxins. May also be used to cleanse the colon.
- Aloe Vera has been used to control blood pressure and in the control of sugar diabetes.
- Has been used in the treatment of shingles as it inhibits the growth of Herpes Zoster Virus that causes it.
- Aloe Vera helps to clear up mouth sores and ulcers and has been used by dentists to reduce irritation and inflammation around exposed roots and sore gums often caused by temporary crowns. It helps to reduce plaque build-up.
- Stimulates healing.
- Aloe Vera has been known to rid dogs of fleas by adding it to their drinking water.
- Known as the beauty plant - it is used in many skin and hair preparations. It moisturises the skin, clears up blemishes, pimples, acne, pigmentation changes - splotches, liver spots - ageing spots, dermatitis, dandruff, dry scalp, Seborrhoeac Dermatitis, rashes, skin and scalp irritations, athlete's foot, lubricates, soothes and heals dry cracked peeling skin. Also used for cold sores, scratches, cuts, chapped skin, chaffing, stretch marks, and sores that won't heal, sties, boils, nappy rash, hair loss, insect stings.
- Known as the burn plant - soothing takes the sting out of the burn within minutes, healing. Good for burns, scalds, blisters down in 2 hours.
- Removes the stress from the body. Physical, Environmental and Mental Stress. Stress has the ability to release enormous amounts of free radicals into the body and free radicals are highly destructive destroying cell tissue and is one of the major causes today of ageing and of ageing diseases such as cancer, heart disease etc.
- Speed up cell Proliferation. Excellent for putting on after burns.